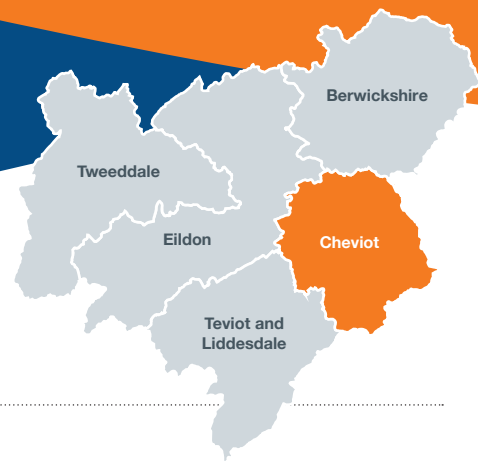


SUMMARY ACTION PLAN for consultation

CHEVIOT



ACTION PLAN

Devised in line with strategic plan together with national outcomes and local objectives.

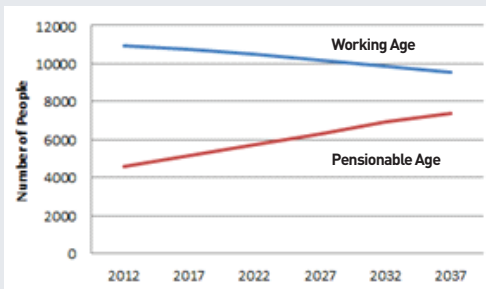
PRIORITIES FOR CHEVIOT	ACTION PLAN
Increase the range of care and support options across the locality to enable people to remain in their own homes and communities	<ul style="list-style-type: none"> • Establish “What Matters” hubs across Cheviot • Redesign equipment service and satellite stores • Support care providers to develop services designed for the Cheviot locality • Support development of “healthy living networks” across the locality • Support the ongoing development of community capacity building initiatives
Increase the availability of locally based rehabilitation services	<ul style="list-style-type: none"> • Scope out current gaps in service provision across Cheviot and look to address these • Increase access to Allied Health Professionals from the community • Link with the Third sector around their model of rehabilitation • Link with Day services review • Support Live Borders to design programmes with rehabilitation incorporated within them across Cheviot • Support development of Transitional care beds in Cheviot
Increase the range of housing options available across the Locality	<ul style="list-style-type: none"> • Work with Registered social landlords to develop alternative accommodation across all areas of the locality • Support development of extra care housing within Cheviot
Improve efficiency and effectiveness of the existing co-located and integrated teams	<ul style="list-style-type: none"> • Agree future service structure across the locality
Improve transport links across Cheviot	<ul style="list-style-type: none"> • Work with the Strategic transport group and transport hub to develop sustainable and demand responsive transport across the locality

This is a summary plan for Cheviot.

To view the full Health and Social Care plan for Cheviot please visit [here](#)

THE CHEVIOT AREA - AREA PROFILE

PROJECTED POPULATION 2012-2037 FOR CHEVIOT



61.4% increase in pensionable age

12.70% decrease in working age

POPULATION

19,503 population *
(17% of the Scottish Borders)

14.9% aged 0-15
(Scottish Borders = 16.7%)

58.2% aged 16-64
(Scottish Borders = 60.2%)

26.9% aged 65+
(Scottish Borders = 23.1%)

of this 11.8% are aged 75+ the highest percentage of the Scottish Borders

*(est 2014)



AREA

34.0% live in an area of less than 500 people
(Scottish Borders = 27.4%)

50% live in rural areas
28% Remote rural
22% Accessible rural

Settlements with more than 500 people:

TOWN	POPULATION
Kelso	6,821
Jedburgh	3,961
St Boswells	1,466
Yetholm	618

HEALTH OF THE LOCALITY

LIFE EXPECTANCY RANGE

77 to 82 yrs men
(Scottish Borders = 78.1)

81.4 to 85.8 yrs women
(Scottish Borders = 82)

Lower rate of **coronary heart disease hospitalisations** and **early deaths** (compared to the Scottish borders and Scotland)

Cheviot has a **higher** rate of **suicide** (compared to Scottish Borders and Scotland)

A&E ATTENDANCE

59.8% the locality has the **highest** percentage who attend A&E out of hours in the Scottish Borders

55.5% non-emergencies could be cared for within the Locality, between 2014/16 the **over 65 age group** represented the **largest** proportion of attendees

Cheviot had the **lowest** rate of **emergency hospitalisations** (compared to other Borders Localities and Scotland)

5.36 rate of **Over 75 Falls** per 1,000
(Scottish Borders = 5.62)

LONG TERM CONDITIONS

1,073 on **Diabetes Register**
6.76 % of GP Register over 15 yrs

193 on **Dementia Register**
4.0% of GP Register over 65 yrs

3972 per 100,000 **Multiple emergency hospitalisations Patients 65+**
(Cheviot has the lowest rate)
(Scottish Borders = 5122.5
Scotland = 5159.5)



NEIGHBOURHOOD AND COMMUNITY INFLUENCES ON HEALTH

16.4% report **public transport** as an accessibility issue
(Scottish Borders = 16.6%)

People in Cheviot place a **higher** priority on:

providing **high quality care for older people** and making **more affordable housing** available

HOUSEHOLD PROFILE

One person household: aged 65+

16.6% Cheviot
(Scottish Borders = 15.2%)
(Scotland = 13.1%)

5.1% feel **lonely** or **isolated**
(Scottish Borders = 6.1%)

9 **culture and sport facilities** operated by the public sector
(Scottish Borders = 69)



SAFETY

7.13 rate of **road and home safety incidents** per 1,000
(Scottish Borders = 7.65)

0.49 rate of **fires in homes** per 1,000
(Scottish Borders = 0.74)

11% say there are **areas** where **they feel unsafe**
(Scottish Borders = 12.5%)

PROPOSED HOUSING DEVELOPMENTS

AFFORDABLE HOUSING	EXTRA CARE HOUSING
2017-2018	18 units
2018-2019	26 units
2019-2020	20 units

